

SPORT COACHING

LEVEL 3

Qualification	NZ Certificate in Sport Coaching
Start date	February 2026
Duration	17 weeks part time
Credit Value	40
Level	3
Entry Requirements	Applicants must meet one of the following criteria: • Have achieved NCEA Level 2, or provide evidence of achievement at an equivalent or higher level: or • If over 20 and not able to satisfy the academic requirement above, be able to demonstrate an interest in coaching or development of sport
Course Overview	The NZ Certificate in Sport Coaching will provide you with the ability to coach participants at entry level across a range of sports. As a graduate of this qualification, you will be able to: • Create a supportive sport coaching environment and demonstrate positive side line behaviours for the safety of participants while coaching a chosen sport. • Model simple skills and apply general coaching principles and group management techniques to achieve performance outcomes • Apply basic injury prevention techniques including warm up and cool down procedures to meet the physical requirements of the chosen sport. • Give constructive, specific and positive feedback on performance to achieve outcomes while coaching a chosen sport
Educational Pathway	Graduates of this qualification may be able to further their study with the NZ Certificate in Exercise [Level 4]